



# **Fun Activities to Do at Home**

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## Fun Activities at your Home - Young and Old

Don't watch the news 24/7; keep your mind more positive.  
Open the windows and let some fresh air into the house.

### Be active. (social distance)

Get outside. Even if it's just to sit on a lawn chair.

Walk. Run. Bike.

Roller skate

Hopscotch

Play catch in your backyard.

If you have your own basketball hoop, play hoops.

### Journal

Grab some paper or a notebook and journal your thoughts.

Sometimes you don't realize your own thoughts until you write them down.

Note what you're grateful for.

### Write or Video

Make up a short story.

Tell the story of your life.

Your kids and grandkids will love reading about special moments you remember.

### Movies - You Tube

TMC has old classic movies. Hallmark movies are even available on the computer.

Have some DVDs you haven't seen in ages? Watch those.

Watch a movie series on Netflix.

Watch museums that are currently showing live shows - like the zoos.

### Books

Read books you have that you haven't read.

Listen to audio books

Learn something new. (digital library - kindle - craft books)

### Games - Play!

Board / Card games

Computer games

Tic-Tac-Toe

Bingo (make your own cards, pics for young kids)

Draw chalk pictures on your driveway or sidewalk. (will hose off)

Drop 10 plastic straws into a clean 1/2 gallon/gallon jug. - How high can you drop one and still get it in?

Put squares of paper on the floor and step only on them.

Make a fort out of pillows (or a box if you happen to have a large one.)

### Activity Books (grocery and drug stores)

Word Search

Crossword Puzzles

Sudoku

Dot - to - Dot (adult versions too)

Coloring books (kids and adults)

### Crafts

Crafty or not, have anything you could make?

Color. Paint.

Play with clay.

Make and fly paper airplanes

Make a scrapbook.

Make pet rocks.

Make sock puppets.

Look up “zentangles, and make one. Then color it in. (just need pen and paper.)

Make your own jewelry.

Order craft items online from Michaels, Hobby Lobby, etc.

### Hobbies

Spend time on your hobby.

Sew. Embroider. Knit. Crochet.

Build a model car, plane, boat, etc.

Play with your model train set.

### Cooking

Try new recipes from a cookbook or online.

### Misc.

Organize your photos. (Toss the duplicates/bad ones.)

Have a party online. Call your friends. Use Zoom.us for free video conference calls (40 mins.)

**Free 250 children’s activities: KidsOutandAbout.com**

(If your city isn’t listed, choose one close to you.)